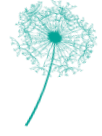




Fruit Storage Cheat Sheet



Food	Storage	Counter	Refrigerator	Freezer
Apples	store away from other foods	2-4 weeks	1-2 months	8-12 months
Apricot	leave out until ripe	1-3 days	4-5 days more	10-12 months
Bananas	saran wrap stem	2-7 days	5-9 days	2-3 months
Berries	store dry in single layer	1-2 days	5-7 days	6-8 months
Cantaloupe		2-4 days	1 week	8-12 months
Cherries	do not leave out	1 hour	4-7 days	10-12 months
Dates		1-2 months	1 year	1-2 years
Figs	do not leave out	1 hour	1-2 days	10-12 months
Grapefruit		1 week	2-3 weeks	10-12 months
Grapes		3-5 days	7-10 days	3-5 months
Honeydew	leave out until ripe	2-4 days	5-7 days more	10-12 months
Kiwi		2-3 days	5-7 days	10-12 months
Lemon		2-4 weeks	1-2 months	3-4 months
Lime		2-4 weeks	1-2 months	3-4 months
Mango	leave out until ripe	2-5 days	5-7 days more	10-12 months
Nectarines	leave out until ripe	1-3 days	3-5 more days	10-12 months
Oranges		1 week	2-3 weeks	10-12 months
Papaya	leave out until ripe	2-5 days	2-3 days more	10-12 months
Peaches	leave out until ripe	until ripe	2-5 more days	8-12 months
Pears		1-4 days	5-7 days	10-12 months
Persimmons	leave out until ripe	1-4 days	2-3 days more	10-12 months
Pineapple		1-2 days	3-5 days	10-12 months
Plums		2-3 days	3-5 days	10-12 months
Pomegranate		1-2 weeks	1-2 months	10-12 months
Watermelon		7-10 days	2 weeks	10-12 months

